Blood, Sweat, & Beers 2020

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Packet Pickup

Traditions are grown organically at Desert Dash. Over the years we’ve built great relationships with the sponsors and partners we work with. CraftHaus is one of those sponsors and we’re excited to team with them again to bring you the best trail running event in Vegas.

Once again, Packet Pickup will be located at the CraftHaus taproom located at 7350 Eastgate Rd #110. Henderson, NV 89011

Packet pickup will be held from 2pm to 6:30pm on Friday, March 27th 2020

On-Site Registration and Bib Pickup

If you can’t make packet pickup at CraftHaus, no troubles at all. Be sure to wake up a little earlier and pick up your stuff before the race

We’ll start packet pickup and registration at 6am on race morning

All races will start by 8:00am so please come early for all distances!
Awards and Prizes

This year we're working with Elevation Culture to bring you great medals, awards and swag. We love their stuff and we’re confident you’ll agree! Podium awards and gear from UltrAspire to Top 3 Male/Female of each distance. 50k winners will be presented with the special Desert Grown Ultra Series award!

50k finishers will also receive a brushed aluminum pint glass!

Top Male/Female of the Masters Division will receive a winner's pint glass!

Top Females of every distance will receive a coupon for a Kea Peak visor

All runners will receive a race shirt, medal, and free beer from CraftHaus.
Come Prepared!

For the last few years we’ve seen some very different weather conditions on race day. Usually you can expect the conditions to be cool in the morning, especially for spectators standing around the start/finish area. However, runners can expect to be free of their outer layers shortly after starting. Watch your sweat in the desert though and be sure to drink lots of fluid and electrolytes.

Expect temperatures starting in the mid 40s and climbing to the mid 70s by the afternoon. Be prepared for wind. This area is highly exposed. If you’re running a longer distance come prepared to start in cold conditions with things warming up quickly. Don’t forget sunscreen!

Bag Check / Gear Drop

Bag check and Gear Drop will be located near registration at the start/finish area. We’ll transport bags to the Caldera Aid station for Marathon and 50k runners. You can also choose to leave your drop bags at the start/finish drop bag area. You’ll pass right by this before your second loop.

However, keep in mind that aid stations are no more than 5 miles apart all day long, so you might not need much for this one!

Always come prepared for anything though! Vegas is a desert and you will be exposed to every type of weather condition.
Race Location Directions and Parking

Location

Blood, Sweat & Beers is located at Bootleg Canyon Park in Boulder City, NV

Pin to start of parking route - https://goo.gl/maps/uMfbpB7G9mUUwtmH8

The pin above will get you to the start of the parking route. Follow the signs
Parking

There are two routes to access parking from Industrial. The first one included in the pin drop in the event location above will take you up Yucca. This is the route on the left hand side of this map. The alternate route would be via Canyon. Follow Canyon until just after the first circle where you’ll make a left before the reservoir into the lower parking lot. Travel through the parking lot heading southwest until you reach the end of the reservoir and make a right toward parking. There will be signs to direct your way. You may also park in this lower lot. However, please don’t continue up Canyon past this point. You will be turned around!
Lots of information on this map! Take a close look at all the details! Pay special attention to Registration as it should be the first tent you visit when you get onsite. Next, you might head over to the aid station / bag drop to hand off your drop bags. After that, just hang out for a bit. We’re going to be starting you fast and early!
Race Start Times and Cutoffs

Daylight Start Times

<table>
<thead>
<tr>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>50k</td>
<td>7:00am</td>
</tr>
<tr>
<td>Marathon / 30k</td>
<td>7:15am</td>
</tr>
<tr>
<td>Half Marathon</td>
<td>7:30am</td>
</tr>
<tr>
<td>10k</td>
<td>7:45am</td>
</tr>
<tr>
<td>5k</td>
<td>8:00am</td>
</tr>
<tr>
<td>Lil’ Dashers 2k</td>
<td>12:00pm</td>
</tr>
</tbody>
</table>

Keep in mind that all the main races will start by 8:00am. Please arrive as early as possible to ensure we can get everyone through registration and on the start line in time. 50k & Marathon runners should shoot for 6am.

Moonlight Start Times

<table>
<thead>
<tr>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moonlight 10k</td>
<td>5:30pm</td>
</tr>
<tr>
<td>Moonlight 5k</td>
<td>6:00pm</td>
</tr>
</tbody>
</table>
## Cutoff Times

<table>
<thead>
<tr>
<th>Distance</th>
<th>Cutoff</th>
<th>Total Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>50k</td>
<td>5:00pm</td>
<td>10 Hours</td>
</tr>
<tr>
<td>Marathon</td>
<td>4:30pm</td>
<td>9 Hours 15 Minutes</td>
</tr>
<tr>
<td>30k</td>
<td>2:00pm</td>
<td>6 Hours 45 Minutes</td>
</tr>
<tr>
<td>Half</td>
<td>12:30pm</td>
<td>5 Hours</td>
</tr>
<tr>
<td>10k</td>
<td>12:30pm</td>
<td>4 Hours 45 Minutes</td>
</tr>
<tr>
<td>5k</td>
<td>12:30pm</td>
<td>4 Hours 30 Minutes</td>
</tr>
</tbody>
</table>

All cutoff times are based on a generous 20 min pace. Ruckers and Hikers are welcome at all Desert Dash events!
Awards and Post Race Festival

Daylight Award Times

<table>
<thead>
<tr>
<th>Distance</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>5k</td>
<td>9:30am</td>
</tr>
<tr>
<td>10k</td>
<td>9:45am</td>
</tr>
<tr>
<td>Half Marathon</td>
<td>11:00am</td>
</tr>
<tr>
<td>30k</td>
<td>11:30am</td>
</tr>
<tr>
<td>Marathon</td>
<td>12:15pm</td>
</tr>
<tr>
<td>50k</td>
<td>1:30pm</td>
</tr>
<tr>
<td>Lil’ Dashers 2k</td>
<td>2:00pm</td>
</tr>
</tbody>
</table>

Moonlight Award Times

<table>
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<tbody>
<tr>
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<tr>
<td>10k</td>
<td>8:00pm</td>
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</table>

Hang around after the race, grab a beer and check out our vendor area!
Camping

There will be free camping this year at Blood, Sweat, & Beers! Bring your camper, your tent, your car, a sleeping bag, whatever you got!

Camping opens up Friday afternoon right after packet pickup. Camp for free on Friday and Saturday!

RV camping will be staged along the runner shoot. Arrive early on Friday for a good spot!
About the Course

All Distances at Blood, Sweat and Beers will follow along the main 30k course. The 50k will travel around this course twice minus the 5k loop on the second loop. The Marathon will also do two laps, but will not complete Outer Caldera on their second loop. The 30k is a single loop. The Half Marathon will follow the 30k course minus Outer Caldera. The 10k will follow the Half Marathon until the Caldera Aid Station then head straight down to finish. The 5k will complete the first 3 miles of the 30k course.

See desertdash.com/blood-sweat-beers for more details along with unique course maps for each distance.
Aid Stations

There will be three Aid Stations at Blood, Sweat, & Beers:

- Caldera Aid Station sponsored by Eve Rebennack and Rising Mountains Coaching. The Caldera Aid Station will be visited 5 times by the 50k runners. The Marathon will visit Caldera 4 times

- Veteran’s Aid Station sponsored by Aaron Hastings and the Desert Rat Crew. Visited twice by the 50k and Marathon

- Start/Finish Aid sponsored by Jesse Moreno and Fit Chefs, along with Corey from GU

All aid stations will be stocked full of the usual aid station fare along with special menu items designed by the aid station sponsors. You’ll be in good hands all day.

Aid Stations are no more than 5.5 miles apart!
Course Marking

The race course will be marked with surveyor flags every ¼ mile. Double flags and Trail Signs will be posted at major intersections. Wrong way signs will be posted along trails that intersect and travel away from the course. All distances will be 95% single track. If you find yourself on a jeep trail or double track for more than a few steps, you’re definitely off course! Turn around and trace your steps until you reach a surveyor flag!
Race Timing

This year we're looking forward to providing split times for 50k and Marathon runners and adding live tracking for all runners! Each runner will be provided with a bib and chip for recording their time.

Check desertdash.com for a link to review your results and track splits during the race

All final results will be loaded to Ultrasignup and battleborntiming.net

Live tracking at - (check back for live results URL)
Lil Dashers Kids Race

The kiddos now race for just $10 bucks! Lil Dashers will receive a finisher medal and root beer! We’ve also altered the race course so that Ma and Pa can watch their Lil’ Dasher circle the course! We’re hoping to see lots of families on race day!

Lil Dashers Course
Medical Support

Blood, Sweat, & Beers isn’t just a cheesy name. You might get bloody out there. Bootleg is very unforgiving. Therefore, we’ll have Elite Guardian Medics standing by to clean you up if you need a little help.

Communications

We’ll have volunteer Ham Radio operators at all aid stations and the start/finish area for communications between points on course and for emergencies. Not to mention keeping tabs on all of you on course!

Course Rules

It’s easy! Ensure that you carry respect with you while running on the trails in our home. Please don’t litter and give plenty of room to plant life and animals in the area. Be kind to other runners and encourage future participation in our sport; show appreciation for the volunteers who support you; and SMILE, this is for fun!
Sponsors & Partners

- **CraftHaus**
  - Official Beer Sponsor - Look for a Silver State in your hands post race!
  - Visit the Beer Garden for CraftHaus beer all day
- **Red Rock Running**
  - Look for your favorite local running store in the Vendor Area
- **GU**
  - Official Hydration Sponsor - Look for all of GU’s great products on course. Visit with Corey on race day to learn everything there is to know about hydration and re-fueling!
- **Rising Mountains Coaching**
  - Aid Station Sponsor - Eve will be the Captain of the Caldera Aid Station - Check out https://risingmountainscoaching.com/
- **Fit Chefs**
  - Aid Station Sponsor - Jesse and Trevor will be out to take care of all the long distance runners at the Start/Finish aid station
- **Desert Rats**
  - Aid Station Sponsor - Aaron and the Desert Rats are sure to be a good time at the Veteran’s Aid Station
- **UltrAspire**
  - Gear Sponsor - Special awards for top finishers of all distances
- **Kea Peak**
  - Gear Sponsor - Very cool Visors for all top Females!
- **Limitless Performance Therapy**
  - Massage and PT - Look for Limitless to take care of your post race aches!
Thank You

You can throw on a pair of shoes and run anywhere you like. We strive to foster that simplicity by creating an atmosphere where you can do what you love, with the people you care about, in the places you want to be.

A special thanks to all the great volunteers and friends who make Desert Dash events possible.

There hasn’t been a day that’s gone by since last November that I haven’t spent time planning this race. I hope the dedication translates well on race day and you have a great time. If anything doesn’t match your expectations, please feel free to reach out to us at joshua@desertdash.com or ashley@desertdash.com

Thank you for running & volunteering with us!